STARTERS

SOUP OF THE DAY *

Freshly prepared everyday

All of our soups are for vegan & coeliac diets

IN HOUSE GLUTEN FREE SEAFOOD CHOWDER *

Freshly prepared seafood in a lightly creamed soup

HONEY & ALMOND CRUSTED 5 MILE TOWN GOATS CHEESE *

Pickled Apples and Beetroot Slaw, Walnut and Spinach Pesto

LEMON & CORIANDER CHICKPEA CAKES*

Coriander & dill cream, curried squash puree

WARM BEEF AND WHOLEGRAIN MUSTARD SALAD *

Garlic Pesto Dressed Salad, Wholegrain Mustard Mayo, Pickled Vegetables

BRIE & PLUM SALAD *

Macerated plums, pomegranate seeds, spiced whole almonds

MAIN COURSES

SLOW BRAISED PORK NECK*

Chorizo Crush Potato, Celeriac and Apple Slaw, Thyme Jus

BRAISED SHANK OF LAMB*

Stewed Mediterranean vegetables, herb mash, fennel jus

CHAR GRILLED BREAST OF CHICKEN *

Blue cheese & bacon stuffing, toasted bulghar wheat succotash, thyme jus

SEARED FILLET OF SEABREAM *

Braised Leak and Potato, Lemon and Parsley Salad

CANELLONI BEAN CURRY * (V)

Fried Potatoes, Peppers and Roast Vegetables, Fragrant Herb Rice, Carrot and Citrus Slaw

CRISPY RED PEPPER POLENTA CAKES * (V)

Roasted Chickpeas and Grilled Tomato Sauce

BLACK EYED PEAS & LEMON HOTPOT * (V)

Crispy Poppadoms, Celery and Sweet Potato Mash

DESSERT HOMEMADE ICE CREAMS * Fruit compote, chocolate biscuit, chocolate butterscotch sauce **ORANGE & CHOCOLATE MACAROON TART** Cappuccino ice cream, fruit compote, brandy snap shards **DARK CHOCOLATE & RASPBERRY CAKE** In house honeycomb, praline ice cream **BURNT PEACH MARSHMALLOW*** Spiced in house granola, raspberry coulis, lime granite **CAPPUCCINO MERINGUES*** Chocolate cream, vanilla ice cream ORANGE CR È ME BRULEE* Blueberry ice cream, poppy seed tuile **PINK LADY*** Apple & cranberry granite, elderflower soaked cranberry & muddled raspberries, drizzled wit Smirnoff vodka JUNE BUG* Pineapple granite, frozen banana & melon shards, drizzled with Midori & coconut Dishes with an * are available gluten free